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Confesiones de un chef = Kitchen Confidential (Punto de Lectura) (Spanish Edition)

Anthony Bourdain

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Confesiones de un chef = Kitchen Confidential (Punto de Lectura) (Spanish Edition) Anthony Bourdain The ever-popular Kitchen Confidential is now available in Spanish. Get the truth about the real conditions of a three-star restaurant, and read about what goes on behind kitchen doors. Find out from Bourdain why you should not order fish on a Monday, why it is not wise to order well-done meat and why seafood frittata is not a good selection for brunch. "Hysterical ... Bourdain gleefully rips through the scenery to reveal private backstage horrors." -New York Times.

Description in spanish: "Os quiero hablar de las oscuras y recónditas entrañas de un restaurante. La vida de cocinero ha sido para mi un largo enredo amoroso, cono momentos tanto sublimes como ridíclos.Nunca he lamentado el inesperado giro de mi vida, que me hizo caer en el ocio de los restaurantes.Siempre he creído que laq buena cocina, el buen yantar está por encima de todo riesgo.Lo mismo da que hablemos de un queso azul sin pasteurizar, de ostras crudas o de trbajar con socios del drimen organizado.Para mi la comida siempre ha sido una aventura".

Muy seguro de entretener a entendidos y profanos, Anthony bourdain no deja títere con cabeza en su exquisito, divertido y delicioso relato.Un recorrido desde el modesto oficio de lavaplatos, hasta la cocina de Rainbow Room en el Rockefeller Center, mafia incluida.

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