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Enlightenment Ain't What It's Cracked Up To Be: A Journey of Discovery, Snow and Jazz in the Soul

Robert K. c. Forman

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What if you spent years of your life seeking spiritual enlightenment, but were looking in the wrong place over a long time? It's happening right now to millions of seekers around the world.

That's why Dr. Robert Forman has written his revolutionary book, which has recently become an *Award-Winning* Finalist in the Spirituality Category of The USA "Best Books 2011" Awards. Told in often poetic prose, *Enlightenment Ain't* ... offers new direction for people looking for a sane and healthy spiritual pathway in our increasingly confusing world.

Traditional spiritual models are giving seekers a wrong and frustrating impression about spiritual enlightenment. By exploring his own 39 year experience of spiritual enlightenment, Dr. Forman offers a remedy to folks who are:

- Convinced they don't have the right stuff to achieve enlightenment in this lifetime.
- Disillusioned by spiritual teachers who don't live up to their lofty self-portraits
- Worried that choosing a spiritual life means leaving their everyday life behind.
- Hungry for a different way to be, but unable to express it.

Through metaphor, humor, vulnerability and achingly beautiful prose, Dr. Forman's book offers new found hope to spiritual seekers everywhere.

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James Jones:

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