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Transformation: Understanding the Three Levels of Masculine Consciousness

Robert A. Johnson

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Transformation: Understanding the Three Levels of Masculine Consciousness Robert A. Johnson Presenting an original and vital model for psychological development, the brilliant and pioneering author of *He*, *She*, and *We* offers a new understanding of the stages of personal growth through which maturity and wholeness can be achieved.

Using quintessential figures from classical literature--Don Quixote, Hamlet, and Faust--Robert Johnson shows us three clearly defined stages of consciousness development. He demonstrates how the true work of maturity is to grow through these levels to the self-realized state of completion and harmony.

In Johnson's view, we all reach the stages depicted by Don Quixote, Hamlet, and Faust at various times of our lives. The three represent levels of consciousness within us, each vying for dominance. Don Quixote portrays the innocent child, while Hamlet stands for our self-conscious need to act and feel in control though we have no real connection to our inner selves. Faust embodies the master of the true self, who has gained awareness by working through the stages.

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