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Diabetes: Fight It with the Blood Type Diet (Dr. Peter J. D'Adamo's Eat Right 4 Your Type Health Library)

Dr. Peter J. D'Adamo, Catherine Whitney

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Diabetes: Fight It with the Blood Type Diet (Dr. Peter J. D'Adamo's Eat Right 4 Your Type Health Library) Dr. Peter J. D'Adamo, Catherine Whitney
Featuring brand-new targeted food and supplement lists specific to diabetes that readers won't find anywhere else.

The Individualized Plan for Preventing and Treating Diabetes (Type I, Type II) and Pre-Diabetes-including Hyperglycemia (high blood sugar) and Hypoglycemia (low blood sugar)

America's fastest-growing health problem just got dealt a major blow. Dr. Peter J. D'Adamo, the creator of the Blood Type Diet(r), which has forever changed the way people approach health and weight loss, now brings readers a targeted plan for fighting diabetes. This volume of Dr. D'Adamo's Health Library has specific tools not available in any other book, for preventing, treating, and reversing some of the many complications of diabetes.

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