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Cooking as Fast as I Can: A Chef's Story of Family, Food, and Forgiveness

Cat Cora

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Remarkably candid, compulsively readable, renowned chef Cat Cora's no-holds-barred memoir on Southern life, Greek heritage, same sex marriage, and the meals that have shaped her memories.

Before she became a celebrated chef, Cathy Cora was just a girl from Jackson, Mississippi, where days were slow and every meal was made from scratch. Her passion for the kitchen started in her home, where she spent her days internalizing the dishes that would form the cornerstone of her cooking philosophy incorporating her Greek heritage and Southern upbringing—from crispy fried chicken and honey-drenched biscuits to spanakopita. But outside the kitchen, Cat's life was volatile.

In *Cooking as Fast as I Can*, Cat Cora reveals, for the first time, coming-of-age experiences from early childhood sexual abuse to the realities of life as a lesbian in the deep South. She shares how she found her passion in the kitchen and went on to attend the prestigious Culinary Institute of America and apprentice under Michelin star chefs in France. After her big break as a co-host on the Food Network's *Melting Pot*, Cat broke barriers by becoming the first-ever female Iron Chef.

Cooking as Fast as I Can chronicles the difficulties and triumphs Cora experienced on the path to becoming a chef. She writes movingly about how she found courage and redemption in the dark truths of her past and about how she found solace in the kitchen and work, how her passion for cooking helped her to overcome hardships and ultimately find happiness at home and became a wife and a mother to four boys. Above all, this is an utterly engrossing story about the grit and grace it takes to achieve your dreams.

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As people who live in the actual modest era should be up-date about what going on or details even knowledge to make these individuals keep up with the era that is always change and advance. Some of you maybe will certainly update themselves by reading through books. It is a good choice for you but the problems coming to you is you don't know which you should start with. This Cooking as Fast as I Can: A Chef's Story of Family, Food, and Forgiveness is our recommendation to make you keep up with the world. Why, as this book serves what you want and want in this era.

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Cooking as Fast as I Can: A Chef's Story of Family, Food, and Forgiveness can be one of your starter books that are good idea. Most of us recommend that straight away because this e-book has good vocabulary that will increase your knowledge in language, easy to understand, bit entertaining however delivering the information. The article author giving his/her effort to put every word into satisfaction arrangement in writing Cooking as Fast as I Can: A Chef's Story of Family, Food, and Forgiveness nevertheless doesn't forget the main point, giving the reader the hottest in addition to based confirm resource info that maybe you can be one of it. This great information could drawn you into completely new stage of crucial considering.

Jennifer Fields:

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