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Counselling Skills for Becoming a Wiser Practitioner: Tools, Techniques and Reflections for Building Practice Wisdom (Essential Skills for Counselling)

Tony Evans

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Conveying the reality of the counselling room, this book provides helpful tips and techniques to enable practitioners to develop and refine their skills.

At the heart of this book is the idea of 'situated action'. By this we mean suspending purely intellectual faculties and exploring a different kind of intelligence - one shaped in the real world - in essence what happens to theory when it meets real life. This book offers thirty four skills to achieve this kind of practice wisdom which contain a mixture of reflection, client stories, quotes and images.

This text will translate theory into practice for students and be a source of inspiration and reflection for the experienced practitioner.

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