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Transform Your Life Through Handwriting

Vimala Rodgers

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Transform Your Life Through Handwriting Vimala Rodgers
Can you change your life just by changing your handwriting? While graphologists have long known that the psyche expresses its deepest truths through the pen, Vimala Rodgers has discovered that line of communication works both ways. Her revolutionary work shows that you can "reprogram" your subconscious by making purposeful shifts in your handwriting. With Transform Your Life Through Handwriting, Rodgers presents a complete course for igniting practical, lasting changes in your life with nothing more than a pen and paper. This comprehensive training program includes: Two audio sessions with guidelines for writing practice, explorations of the deeper meaning in every letter, and inspiring success stories * A 102-page illustrated workbook with step-by-step instructions and exercises for self-exploration through handwriting, the meaning behind different writing styles, and much more * Twenty-six quick reference cards for working with each letter in a 40-day cycle, including the "soul quality" of each letter * An 86-page blank journal for your writing practice * Writing a single page a day for 40 days is all it takes to alter even the most ingrained handwriting patterns-and to invite profound changes to unfold in your life. Vimala Rodgers has helped thousands of people experience personal empowerment, spiritual growth, and spontaneous healing. Transform Your Life Through Handwriting is a unique, easy-to-use kit with everything you need to begin your own transformative journey.

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