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Mango

Jen Karetnick

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“Jen’s nickname, Mango Mama, could not be more appropriate! She uses mangos in the most unexpected ways, both in savory and sweet recipes. With this book in hand, you will never look at a mango the same way again.”—Ingrid Hoffmann, host of the Food Network’s *Simply Delicioso*

“Karetnick gives mango all the passion and poetry it’s due. Delicious.”—Ellen Kanner, *Huffington Post*

“A mango bible. Great recipes, delightful prose—everything you need to know about this luscious fruit.”—Linda Gassenheimer, author of *Dinner in Minutes: Memorable Meals for Busy Cooks*

“With her poet’s eye, journalist’s passion for accuracy, and her home chef’s skills, Karetnick shares a surprisingly wide-ranging book. I hold my drink up high to her, and, of course, it is a mango daiquiri!”—Norman Van Aken, James Beard Award–winning chef, founder of Norman’s at The Ritz-Carlton Orlando, Grande Lakes

“Karetnick has written *the* book for those of us who love the mighty mango.”—John Tanasychuk, *South Florida Sun-Sentinel*

“As a transplanted Miamian living in mango tree–less NYC, I savored the delicious recipes and relished in the evocative stories as only Jen can tell.”—Lourdes Castro, author of *Latin Grilling: Recipes to Share, from Patagonian Asado to Yucatecan Barbecue and More*

“The definitive mango cookbook, bursting with decadent recipes that will keep you sated from dawn ’til dusk! Peppered with personal anecdotes and joined by the voices (and recipes!) of Miami’s most celebrated chefs, Jen Karetnick’s *Mango* is an absolute must for any lover of this sweet, beloved, tropical fruit.”—Marie Elena Martinez, founding editor, *The Latin Kitchen*

“Who knew mangos could be used so many ways! This fruit we love as is will now make its way into many of our meals at home!”—Bill Telepan, author of *Inspired by Ingredients: Market Menus and Family Favorites from a Three-Star Chef*

Join Miami’s Mango Mama, Jen Karetnick, for a culinary tour of all things mango. She invites you into her home, the Mango House, where many of these luscious recipes were created. She introduces you to the Mango Gang, a group of world-renowned chefs including Allen Susser and Norman Van Aken. These chefs make frequent use of the bounty from Jen’s ninety-year-old trees in their Miami restaurants, and in *Mango*, they share some of their favorite recipes.

Karetnick discusses the best methods for picking, preparing, and eating mangos and shares expert tips on how to dehydrate and freeze them so you can enjoy this delicious fruit year-round. The easy-to-follow, exquisite recipes run the gamut from smoothies to cocktails, from mango blintzes for breakfast to jerked grouper with mango-fig chutney for dinner, and from mangría (mango-flavored sangría) to mangospacho (mango-infused gazpacho). If you’re looking for a tantalizing hint of mango in your dish or a tropical explosion of flavor, this book has just the right recipe for you.

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