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Psychiatric-Mental Health Nursing: An Interpersonal Approach

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...[A] superb textbook based on the expertise of multiple contributors from the field... The editors accomplished a difficult task in developing this well-written, comprehensive psychiatricñmental health nursing text. It is an excellent resource for both the novice nursing student and the practitioner." --**Kathryn Y. Raymond, M.S., A.P.R.N.**
Psychiatric Services

Some call it the encounter; others the engagement. Regardless of the terms used, it is the relationship that is the healing difference in psychiatric care services. As one of Hildegard Peplau's students, I remain in awe of her vision and commitment to inspiring the nursing profession to acknowledge and own the "interpersonal relationship" as an essential part of nursing. This textbook, building on the interpersonal theories of Peplau and Joyce Travelbee, continues the journey for embedding and extricating the importance of the relationship across the spectrum of psychiatric care and caring."

Beverly Malone, RN, PhD, FAAN
CEO, National League for Nursing

This psychiatric-mental health undergraduate textbook, based on the theories of Hildegard Peplau and Joyce Travelbee, is the first recent book devoted to interpersonal relations as the foundation for therapeutic practice in psychiatric nursing. It guides the student through the essential phases of self-discovery necessary to integrate interpersonal nursing theory into practice, and provides a historical overview of the profession.

The book addresses the most current ISPN and APNA competencies and presents content designed to foster self-growth, and critical thinking and decision-making skills, as well as to implement therapeutic interventions. It offers an overview of theories of mental illness and a detailed discussion of commonly seen psychiatric disorders, and addresses mental health care settings across the lifespan and different populations. Clinical case studies and first-hand accounts vividly describe the realities of living with specific mental illnesses, "What would you do?" questions stimulate discussions, and sample and practice care plans for chronic mental illness facilitate integration of concepts into practice. Evidence-based practice summaries from psychiatric nursing and related research literature are included, and NANDA guidelines are integrated throughout. A new chapter with DSM-V updates is also available. This affordably priced text additionally comes with supplementary materials for both teachers and students, including handy review guides, summaries, drug monographs, and hyperlinks to films and video illustrating content. A test bank and PowerPoint slides are also available for instructors.

Key Features:

- Integrates and applies the Peplau/Travelbee interpersonal relations theories to the four-step Assessment, Planning/Diagnosing, Implementation, and Evaluation (APIE) nursing process
- Addresses critical thinking, clinical decision making, therapeutic interventions, case management roles, and mental health care settings across the lifespan
- Features NCLEX preparation questions, vivid clinical scenarios, and evidence-based practice summaries
- Addresses the most current ISPN and APNA competencies
- A new chapter with DSM-V updates is available

- Both student and teacher digital aids, including review guides, summaries, hyperlinks to films and video, and drug monographs are available
- A test bank and PowerPoint slides are also available for instructors

eBook Features (available in all eBook formats):

- Bidirectional link between Key Terms and their glossary definitions
- Learning Outcomes at start of chapters link to respective sections in book
- Hyperlinks to supplementary films and videos
- Care plans
- DSM-V update

This book is also available as part of a discounted set. To view the Psychiatric-Mental Health Nursing Special A Student Pack, click the link above.

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