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You Never Called Me Princess (The Kaitlyn Chronicles Book 1)

Elaine Babich

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Kaitlyn Simons has had enough of her father calling her “Chubs.” She hates the name, and she's beginning to hate him. To stop the name calling, she decides to go on a crash diet. A very strict and unhealthy diet. A diet that works all too well.

After all, it’s easy to lose weight when you don’t eat, right?

Kaitlyn quickly discovers that the rewards of being thin are fantastic. Boys in school take notice. Her popularity soars. Meanwhile, Kaitlyn restricts her diet even more. Unfortunately, Kaitlyn’s unhealthy weight loss falls under the radar since her family has other problems. Big problems, life-changing problems.

But when Kaitlyn's weight loss reaches a critical phase, as her family rallies around her, Kaitlyn will discover that there's more to life than being popular and thin. But will this revelation come too late?

Acclaim for the Novels of Elaine Babich

"Heartbreaking and touching. A powerful story of a teenager's struggle with anorexia, told in a straight forward and powerful way, without talking down to the reader and without being overly sentimental. YOU NEVER CALLED ME PRINCESS is an honest look at what could happen when a young girl decides to lose weight at all costs. Should be mandatory reading for any parent who suspects their child might have an eating disorder. I believe the novel will show the reader that there are answers to their problems, and that they are not alone. Highly recommended. An important novel."
—J.R. Rain, author of MOON DANCE and THE BODY DEPARTED

"An intriguing debut, and an excellent read. Gripping and touching, a story written from the heart. Elaine Babich has fashioned a story that many young girls could relate to. In the end we are left with a poignant glimpse into the beauty of family and the love of life and the wonder that connects us all."
—Summer Lee, author of ANGEL HEART and KINDRED SPIRITS

"Elaine Babich has created such a vivid tale of teenage angst and redemption—one that will stay with me for a long time."
—Aiden James, author of CADES COVE and PLAGUE OF COINS

"In RELATIVELY NORMAL, author Elaine Babich weaves a compelling book of angst and illness in the believable, first-person voice of Kaitlyn Simmons, a fifteen-year-old girl from a dysfunctional family. Kaitlyn, who is only semi-recovered from a serious eating disorder, is diagnosed with serious epilepsy and other health issues. The heroine comes to terms with her disease as she adjusts to her medications, backslides into her eating disorder again, explores relationships with boyfriends (age-appropriate), and handles problems with a girl bully. Her coming-of-age story of self-discovery, acceptance of her imperfect body, and a surprise twist at the end will leave readers with a smile and hope for every teenage girl to overcome

debilitating ED illness and difficult family issues. I loved this book and want to recommend it to teenage girls, especially. The heroine is likable, and one to whom YA readers will relate. High moral values, with exploration into body image and excellent life lessons, with no preachiness. Five stars!"
—Eve Paludan, author of LETTERS FROM DAVID and TAKING BACK TARA

"This is a great story of the trials and tribulations of a young girl struggling through more than just your average teenage troubles. An inspiring tale, Babich has delivered a masterpiece! Two thumbs up!"
—Jen Ashton, author of WHOLE IN MY HEART

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From reader reviews:

Deborah Tate:

A lot of people always spent all their free time to vacation or perhaps go to the outside with them family members or their friend. Did you know? Many a lot of people spent that they free time just watching TV, or even playing video games all day long. If you wish to try to find a new activity that is look different you can read any book. It is really fun for yourself. If you enjoy the book which you read you can spent the whole day to reading a guide. The book You Never Called Me Princess (The Kaitlyn Chronicles Book 1) it is extremely good to read. There are a lot of people that recommended this book. We were holding enjoying reading this book. Should you did not have enough space to bring this book you can buy the actual e-book. You can m0ore easily to read this book through your smart phone. The price is not to cover but this book possesses high quality.

Delores Breedlove:

This You Never Called Me Princess (The Kaitlyn Chronicles Book 1) is brand-new way for you who has attention to look for some information because it relief your hunger info. Getting deeper you on it getting knowledge more you know otherwise you who still having little bit of digest in reading this You Never Called Me Princess (The Kaitlyn Chronicles Book 1) can be the light food for yourself because the information inside this specific book is easy to get by simply anyone. These books produce itself in the form that is reachable by anyone, sure I mean in the e-book type. People who think that in publication form make them feel sleepy even dizzy this reserve is the answer. So there is absolutely no in reading a e-book especially this one. You can find actually looking for. It should be here for you actually. So , don't miss the item! Just read this e-book variety for your better life and also knowledge.

Richard Hunt:

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John Bradley:

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