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Building 4.6/5.4l Ford Horsepower on the Dyno

Richard Holdener

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The photos in this edition are black and white.

The 4.6- and 5.4-liter modular Ford engines are finally catching up with the legendary 5.0L in terms of aftermarket support and performance parts availability. Having a lot of parts to choose from is great for the enthusiast, but it can also make it harder to figure out what parts and modifications will work best. Building 4.6/5.4L Ford Horsepower on the Dyno takes the guesswork out of modification and parts selection by showing you the types of horsepower and torque gains expected by each modification.

Author Richard Holdener uses over 340 photos and 185 back-to-back dyno graphs to show you which parts increase horsepower and torque, and which parts don't deliver on their promises. Unlike sources that only give you peak numbers and gains, *Building 4.6/5.4L Ford Horsepower on the Dyno* includes complete before-and-after dyno graphs, so you can see where in the RPM range these parts make (or lose) the most horsepower and torque. Holdener covers upgrades for 2-, 3-, and 4-valve modular engines, with chapters on throttle bodies and inlet elbows, intake manifolds, cylinder heads, camshafts, nitrous oxide, supercharging, turbocharging, headers, exhaust systems, and complete engine buildups.

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