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Nurturing Beginnings: Guide to Postpartum Care for Doulas and Community Outreach Workers

Debra Pascali Bonaro

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Nurturing Beginnings takes you through a new mother’s journey and into your own as you explore what it means to be “in service of a postpartum woman and her family.” It is a step by step instruction manual for postpartum doulas in their work with new families. Nurturing Beginnings was one of the first comprehensive postpartum training manuals and is on the current DONA International Reading List for Postpartum Doulas. Chapters include: The Role of The Doula, Home Visiting, Providing Care with Caution: Protecting Health & Safety in The Home & Car, Honoring Postpartum Women and Teaching Self-Care, Easing Postpartum Adjustment, Appreciating Your Clients' Cultural Diversity by Karen Salt, Supporting The Breastfeeding Mother (Donna Williams & Opal Horvat Advisors) Newborn Basics: Appearance, Behavior, and Care, Offering Support to Partners and Siblings, Unexpected Outcomes: Caring for The Family at a Time of Loss, Nurturing Yourself by Carlita Reyes, Pursuing Professional Development and Building Your Practice plus poems by Maureen Cannon and "A Doula Speaks" writings from the authors adding insights to the chapters. Revisions and contributions to the updated version were made by Leah DeCesare and contributions by leaders in the field who permitted us to reprint their previously published work include Penny Simkin, Marshall Klaus, John H. Kennell, Cathy Romeo, and William Sears. Nurturing Beginnings has a tremendous amount of links and resources valuable to birthworkers of varying levels of experience. We hope you enjoy reading Nurturing Beginnings and making it a valuable tool amongst your birth resources.

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From reader reviews:

Joseph Navarro:

People live in this new moment of lifestyle always try and and must have the time or they will get wide range of stress from both way of life and work. So , whenever we ask do people have time, we will say absolutely indeed. People is human not really a huge robot. Then we consult again, what kind of activity are you experiencing when the spare time coming to a person of course your answer will probably unlimited right. Then do you try this one, reading publications. It can be your alternative within spending your spare time, the book you have read is usually Nurturing Beginnings: Guide to Postpartum Care for Doulas and Community Outreach Workers.

Joann Huertas:

Reading can called imagination hangout, why? Because when you find yourself reading a book particularly book entitled Nurturing Beginnings: Guide to Postpartum Care for Doulas and Community Outreach Workers your mind will drift away trough every dimension, wandering in each and every aspect that maybe mysterious for but surely will end up your mind friends. Imaging every word written in a guide then become one form conclusion and explanation in which maybe you never get ahead of. The Nurturing Beginnings: Guide to Postpartum Care for Doulas and Community Outreach Workers giving you one more experience more than blown away your head but also giving you useful facts for your better life in this era. So now let us explain to you the relaxing pattern is your body and mind will be pleased when you are finished looking at it, like winning an activity. Do you want to try this extraordinary investing spare time activity?

Margaret Honig:

This Nurturing Beginnings: Guide to Postpartum Care for Doulas and Community Outreach Workers is fresh way for you who has curiosity to look for some information since it relief your hunger of information. Getting deeper you in it getting knowledge more you know or perhaps you who still having tiny amount of digest in reading this Nurturing Beginnings: Guide to Postpartum Care for Doulas and Community Outreach Workers can be the light food for you because the information inside this book is easy to get through anyone. These books build itself in the form and that is reachable by anyone, yes I mean in the e-book web form. People who think that in guide form make them feel drowsy even dizzy this publication is the answer. So there is not any in reading a e-book especially this one. You can find what you are looking for. It should be here for anyone. So , don't miss that! Just read this e-book kind for your better life along with knowledge.

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A lot of people said that they feel bored when they reading a guide. They are directly felt the idea when they get a half parts of the book. You can choose often the book Nurturing Beginnings: Guide to Postpartum Care for Doulas and Community Outreach Workers to make your own reading is interesting. Your personal skill of reading expertise is developing when you such as reading. Try to choose very simple book to make you

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