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Athletic Training And Sports Medicine: An Integrated Approach

Chad Starkey

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Athletic Training And Sports Medicine: An Integrated Approach Chad Starkey
Written in cooperation with the American Academy of Orthopaedic Surgeons (AAOS), Athletic Training and Sports Medicine: An Integrated Approach, Fifth Edition is a multi-purpose, multi-course text that emphasizes the post-injury management techniques used by athletic trainers and physicians in management of orthopaedic injuries. This classic text has been re-titled to more accurately reflect the topical coverage of injury management and care. Richly illustrated and full of evidence-based practice, this text describes surgical techniques and their implications on rehabilitation/activity and captures the totality of injury management including: pathology, immediate management, diagnostic imaging, definitive and differential diagnosis, medical management, medications, surgical intervention, post-injury and/or post-surgical management, and rehabilitation. Athletic trainers are well educated on how to evaluate, manage, and rehabilitate athletic injuries. However, no other mainstream textbook describes what is involved with common surgical procedures and how those procedures affect the treatment and rehabilitation process and the eventual return to activity. Athletic Training and Sports Medicine: An Integrated Approach serves as a primary reference to tie it all together.

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