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The Cultural Context of Sexual Pleasure and Problems: Psychotherapy with Diverse Clients

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Using rich case material and research presented by distinguished authorities in the fields of sex, couple, family, and psychotherapy, this edited book contributes to our efforts to help individuals and couples increase their sexual satisfaction. The authors explore social and cultural backgrounds, the meaning of sexual problems in specific cultural contexts, and the way in which culture presents challenges to traditional psychotherapy. More importantly, they answer the question: should therapists accept any and all behaviors, values, and attitudes that are considered normal, even if they violate the therapist's own cultural standards? The case studies identify challenging cultural issues and provide clinicians with culturally sensitive treatment options. The book's sections also separate chapters based on the degree to which psychological treatments are recognized and utilized for dealing with sexual problems in different countries, making it an ideal reference for professionals and students. The concluding chapter looks at culture through the lens of the provider, rather than the patient, and ties together the major themes and questions posed.

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