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Organize Yourself Starting Today!: Effective Strategies that Actually Work and Help You Immediately Take Control of Your Life, Your Mind and Your ... Self Organization, To Do List) (Volume 1)

Nick Bell

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Learn How to Be More Organized and Take Charge of Your Life -- Starting Today!

This book gives you the straight goods on how to get things turned around and finally get organized. To be quite honest, it's not that hard...It's just that you need solid ideas along with an effective action plan and this book provides you with just that. Getting organized made a huge difference in my life and I know it can do the same for you. Let me ask you a few questions... Have you always dreamed of writing a novel? Spending more quality-time with your loved ones? Exercising more and feeling that your body is in amazing shape? Be able to study more effectively? Getting organized will help you start out on the path to increased productivity and helping your dreams become reality. This book contains explanations on a number of effective strategies that you can put to use to help organize yourself. Here are just a few: 1. Evaluate your life 2. Determine the root of disorganization 3. Steps to Deal with the root of disorganization 4. Know what you want 5. Get your priorities right 6. Set SMART Goals 7. Commit to change 8. Get inspired! 9. Inform the people who matter to you of your decision to stay organized 10. Buddy-up! 11. Enhance your brain for focus 12. Develop a morning routine 13. Feed your mind with the right information 14. Exercise daily 15. Get enough sleep Plus, this book also contains the following information: * How to Put this Book's Information Into Action * Key Takeaways for Easy Future Reference * List of Resources for Further Viewing and Reading **Want to get more organized?** Buy this book and get started TODAY!

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