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Good Practice in Promoting Recovery and Healing for Abused Adults (Good Practice in Health, Social Care and Criminal Justice) (Good Practice in Health, Social Care and Criminal Justice Series)

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Therapeutic support offered to victims of abuse whether experienced in childhood or in adulthood is often not considered or planned properly; in many instances a victim's definition of recovery and healing may differ vastly from how a professional views those processes. "Good Practice in Promoting Recovery and Healing for Adults Who Have Been Abused" explores the idea of 'recovery' being something physical in the short-term and 'healing' as an emotional process for long-term work. The book features chapters written by practitioners and researchers from various backgrounds and gives an insight into how to be creative in helping both male and female victims through recovery and healing processes. The prologue introduces the views of victims themselves before the opening chapter considers how recovery and healing should fit into the adult safeguarding process. The chapters then describe creative therapeutic methods which can be employed to help victims recover and to heal in different settings, whilst highlighting the long-term effects of abuse and the subsequent issues to be addressed. The issues covered range from child sexual abuse, domestic abuse and sex trafficking to the abuse of men and holocaust victims. With pedagogical features throughout, the book is essential reading for social workers, nurses, housing officers, support workers, counsellors, therapists, and for anyone working with adults who have experienced abuse in childhood or adulthood. This series explores key practice areas for professionals working in social care, health care and the probation service. Contributors are drawn from a wide variety of settings, both in the voluntary and statutory sectors.

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