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Doughnut: A Global History (Edible)

Heather Delancey Hunwick

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Doughnuts, like hot dogs and apple pie, are widely seen as a quintessentially American food.But their story is much older, one that began in the Old World. *Doughnut*: *A Global History* reveals the long history and wide reach of these deep-fried dough delights. Heather Hunswick takes readers on an exciting ride from pre-history, to Ancient Egypt and Rome, through medieval and Renaissance Europe, and up to the New World. Here, doughnuts evolved from the open-hearth to the present, with its many old and familiar local favorites, popular commercial brands, and new waves of mouth-watering artisanal creations. It’s a story that encompasses not just culinary history, but the doughnut’s role in art and culture, health and social changes, and fad and fashion. So pour a cup of coffee and settle in for a great read, one sure to delight doughnut lovers and food historians alike.

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