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Do the Work: Overcome Resistance and Get Out of Your Own Way

Steven Pressfield

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"There is an enemy. There is an intelligent, active, malign force working against us. Step one is to recognize this. This recognition alone is enormously powerful. It saved my life, and it will save yours." -- Steven Pressfield Could you be getting in your way of producing great work? Have you started a project but never finished? Would you like to do work that matters, but don't know where to start?The answer is Do the Work, a manifesto by bestselling author Steven Pressfield, that will show you that it's not about better ideas, it's about actually doing the work. Do the Work is a weapon against Resistance - a tool that will help you take action and successfully ship projects out the door. Picking up where The War of Art and Turning Pro left off, Do The Work takes the reader from the start to the finish of any long-form project—novel, screenplay, album, software piece, you name it. Do The Work identifies the predictable Resistance Points along the way and walks you through each of them. No, you are not crazy. No, you are not alone. No, you are not the first person to "hit the wall" in Act Two. Do The Work charts the territory. It's the stage-by-stage road map for taking your project from Page One to THE END.

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