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Essential Oils Box Set: Essential Oils For Beginners - 47 Amazing Essential Oil Recipes for Weight Loss, Stress Relief And A Healthy Life!

Jasmine Bennett, Michelle Diaz, Emily Green

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Essential Oils Box Set (3 IN 1 BOX SET)

BOOK 1: Essential Oil Recipes: 47 Amazing Essential Oil Recipes for Weight Loss, Stress Relief And A Healthy Life!

Are you curious about essential oils, but don't even know where to start? Would you like to lose weight, reduce stress, and deal with common health problems the natural way? Then this book is for you!

This book will get you up to speed on how to use essential oils to improve your life and health. Learn what all a few drops of peppermint can accomplish! Make a recipe to specifically help with getting stress eating under control!

Learn about Mother Nature's all natural appetite suppressants! Find a recipe you can use to fight off cold and flu germs in your home or office! Learn how to blend essential oils to make your own all-natural disinfectant for cuts and scrapes!

BOOK 2: Essential Oils: Essential Oils For Beginners – How To Use Essential Oils For Natural Weight Loss, Beautiful Hair And Healthy Skin

This book has been created to help you understand how you can use essential oils to help you lose weight, have healthy skin and beautiful hair. Many of the essential oils have several different uses so you will find that you can use the same essential oils for all of these issues.

You will learn exactly how to use each essential oil so that you receive the most benefits from it and how each essential oil will help you.

By the end of this book you will know exactly which essential oils you need to help you have beautiful healthy skin and hair and lose the weight that you want!

BOOK 3: Essential Oils: The Ultimate Guide to Essential Oils For Beginners – How To Use Essential Oils For Stress Relief, Weight Loss, Beauty And Staying Young

This book is meant to be a guide for a person who is seeking to improve their life with essential oils. While there is a lot of hype centered around essential oils, information about how to incorporate these oils into your life can be hard to find.

With all the different essential oils that are available, along with the wide variety of carrier oils, and the different methods of application, it may seem like using essential oils may be to tiresome.

If you are looking for information about how to properly utilize essential oils, then this book will provide you with a comprehensive outlook on essential oils.

After reading the explanations in this book, you should feel much more confident and knowledgeable about incorporating essential oils into your life.

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Eileen Moore:

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