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55 Creative Approaches for Challenging & Resistant Children & Adolescents: Techniques, Activities, Worksheets

Susan P. Epstein

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NEW Techniques, Activities and Worksheets For Challenging Children & Adolescents

Children's behavior expert Susan Epstein has created even more effective techniques, activities & worksheets for challenging children & adolescents, providing a creative combination of psychotherapy and coaching techniques to assist in engagement and retention of even the most difficult clients.

Susan's signature style of creative and fun approaches cover Autism, ADHD, Sensory Processing Disorders and other body, mind and emotional challenges. Something for all ages. Filled with step-by-step assessment tools and reproducible worksheets.
*New ideas to help self-regulation, bonding and connecting
*Mindfulness for treating & raising successful, responsible children and adolescents
*Interventions to focus ADHD & the difficult to engage
*Treatment plans for therapy sessions and home

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