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# Surviving Child Sexual Abuse: A Handbook For Helping Women Challenge Their Past

*Liz Hall, Siobhan Lloyd*

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**Surviving Child Sexual Abuse: A Handbook For Helping Women Challenge Their Past** Liz Hall, Siobhan Lloyd
Surviving Child Sexual Abuse" is a handbook for survivors and their helpers. It examines what sexual abuse entails for a child and why it happens. Personal and professional issues for helpers are addressed and the long term effects of sexual abuse are examined. The strengths of survivors are acknowledged together with the supportive alliances they have formed with partners, helpers and friends. The theme of disclosure is examined in depth and the main themes in therapeutic work with survivors are discussed and methods are described which can be used in such therapeutic work. This highly successful book ends with an evaluation of the issues involved in training helpers for working with survivors.; The book is aimed at therapists including social workers, counsellros in public organizations and private practice, clinical psychologists, psychiatrists, nurses, health visitors, general practitioners, police and psychotherapists.

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**Carrie Freeman:**

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