Google Drive



Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families

Peter R. Breggin MD

Download now

Click here if your download doesn"t start automatically

Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families

Peter R. Breggin MD

Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families Peter R. Breggin MD

As a physician who specializes in addiction medicine and drug withdrawal and written widely on them, I recommend Dr. Breggin's book to every health professional who deals with anyone taking psychiatric drugs. He gives highly useful information and reasons for stopping or avoiding them. It's an excellent one-stop source of information about psychiatric drug effects and withdrawal. Prescribers, therapists, patients, and families will benefit from this guidebook.

Charles L. Whitfield, MD
Bestselling author of *Healing the Child Within* and many other books

Peter Breggin has more experience in safely withdrawing psychiatric patients from medication than any other psychiatrist. In this book he shares his lifetime of experience. All of our patients deserve the benefit of our obtaining that knowledge.

Bertram Karon, PhD
Professor of Psychology, Michigan State University
Author, The Psychotherapy of Schizophrenia
Former President of the Division of Psychoanalysis of the American Psychological Association

This is such an important book. Describing the problem of withdrawal from psychiatric drugs in detail, and providing clear advice regarding how to deal with this problem as Peter has done so well in this book, is long overdue. For decades, the belief system that is mainstream psychiatry has denied the existence of withdrawal problems from the substances they prescribe so widely. In reality, withdrawal problems with psychiatric drugs is a common occurrence. Because of psychiatry's reckless denial of this real and common problem, millions of people worldwide have not had the support and care they desperately need when attempting to come off psychiatric drugs, often been erroneously advised that these problems are confirmation of the existence of their supposed original so-called 'psychiatric illness.' Dr. Breggin's book is therefore both timely and necessary."

Terry Lynch, MD
Physician and Psychotherapist
Author of *Beyond Prozac: Healing Mental Suffering Without Drugs and Selfhood: A Key to the Recovering of*
Emotional Well Being, Mental Health and the Prevention of Mental Health Problems

Dr. Peter Breggin has written an invaluable reference for mental health professionals and lay-persons alike who are seeking a way out of dependency on psychiatric drugs. He describes the many dangers of psychiatric medication in straightforward research-based and contextually nuanced terms. Most helpfully, he articulates a method of empathic, person-centered psychotherapy as an alternative to the prevailing emotionally and system disengaged drug-centered approach. In this book, Dr. Breggin systematically outlines how to safely withdraw a patient from psychiatric medication with rich case examples drawn with the detail and sensitivity to individual and situational differences that reveal not only his extensive clinical experience, but his clear,

knowledgeable, and compassionate vision of a more humane form of treatment. In this volume, Dr. Peter Breggin has again demonstrated that he is a model of what psychiatry can and should be. This is an indispensable text for both mental health trainees and experienced practitioners seeking a practical alternative to the dominant drug-centric paradigm.

Gerald Porter, PhD
Vice President for Academic Affairs
School of Professional Psychology at Forest Institute

This much needed book and guide to psychiatric medication withdrawal is clearly written and easy to understand. As people become more empowered and able to inform themselves about the effects of pharmaceuticals, practitioners will be called upon to wean their patients off of damaging medications. This book will provide that guidance. Thank you Dr. Breggin for having the courage to oppose conventional psychiatric thinking and the caring to improve the quality of life for individuals who are ready to experience their own innate healing instead of reaching for a pill to mask the symptoms.

Melanie Sears, RN, MBA
Author, *Humanizing Health Care and Choose Your Words*

Today many psychologists, nurses, social workers, and counselors are struggling with how to help adults and the parents of children who are over-medicated or who wish to reduce or stop taking their psychiatric drugs. Dr. Breggin's book shows non-prescribing professionals, as well as prescribers, how to respond to their patient's needs in an informed, ethical, and empowering fashion.

Sarton Weinraub, PhD
Clinical Psychologist
Director, New York Person-Centered Resource Center, NYC

This is the first book to establish guidelines and to assist prescribers and therapists in withdrawing their patients from psychiatric drugs, including those patients with long-term exposure to antipsychotic drugs, benzodiazepines, stimulants, antidepressants, and mood stabilizers. It describes a method developed by the author throughout years of clinical experience, consultations with experienced colleagues, and scientific research. Based on a person-centered collaborative approach, with patients as partners, this method builds on a cooperative and empathic team effort involving prescribers, therapists, patients, and their families or support network.

The author, known for such books as *Talking Back to Prozac, Toxic Psychiatry,* and *Medication Madness,* is a lifelong reformer and scientist in mental health whose work has brought about significant change in psychiatric practice. This book provides critical information about when to consider psychiatric drug reduction or withdrawal, and how to accomplish it as safely, expeditiously, and comfortably as possible. It offers the theoretical framework underlying this approach along with extensive scientific information, practical advice, and illustrative case studies that will assist practitioners in multiple ways, including in how to:

- Recognize common and sometimes overlooked adverse drug effects that may require withdrawal
- Treat emergencies during drug therapy and during withdrawal
- Determine the first drugs to withdraw during multi-drug therapy
- Distinguish between withdrawal reactions, newly occurring emotional problems, and recurrence of premedication issues

- Estimate the length of withdrawal

Download Psychiatric Drug Withdrawal: A Guide for Prescribe ...pdf

Read Online Psychiatric Drug Withdrawal: A Guide for Prescri ...pdf

Download and Read Free Online Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families Peter R. Breggin MD

From reader reviews:

Linda Callaway:

Book is to be different for each and every grade. Book for children until adult are different content. As we know that book is very important usually. The book Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families was making you to know about other expertise and of course you can take more information. It is rather advantages for you. The guide Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families is not only giving you far more new information but also being your friend when you feel bored. You can spend your own spend time to read your publication. Try to make relationship with all the book Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families. You never really feel lose out for everything when you read some books.

David Nester:

Here thing why that Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families are different and reliable to be yours. First of all looking at a book is good however it depends in the content from it which is the content is as tasty as food or not. Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families giving you information deeper and in different ways, you can find any publication out there but there is no reserve that similar with Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families. It gives you thrill studying journey, its open up your own personal eyes about the thing that happened in the world which is might be can be happened around you. You can bring everywhere like in area, café, or even in your approach home by train. Should you be having difficulties in bringing the paper book maybe the form of Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families in e-book can be your option.

Jamey Ainsworth:

Are you kind of stressful person, only have 10 or perhaps 15 minute in your day to upgrading your mind expertise or thinking skill also analytical thinking? Then you are receiving problem with the book compared to can satisfy your short space of time to read it because all of this time you only find book that need more time to be learn. Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families can be your answer given it can be read by you actually who have those short free time problems.

Yolanda Matlock:

The book untitled Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families contain a lot of information on this. The writer explains your girlfriend idea with easy means. The language is very clear to see all the people, so do not worry, you can easy to read the idea. The book was compiled by famous author. The author will take you in the new period of time of literary works. It is easy to read this book because you can read on your smart phone, or product, so you can read the book throughout anywhere and anytime. In a situation you wish to purchase the e-book, you can open up their official web-

site as well as order it. Have a nice go through.

Download and Read Online Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families Peter R. Breggin MD #VH8TBX04F71

Read Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families by Peter R. Breggin MD for online ebook

Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families by Peter R. Breggin MD Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families by Peter R. Breggin MD books to read online.

Online Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families by Peter R. Breggin MD ebook PDF download

Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families by Peter R. Breggin MD Doc

Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families by Peter R. Breggin MD Mobipocket

Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families by Peter R. Breggin MD EPub